

SHAC MEETING MINUTES

APRIL 13, 2010

Members in attendance: Diane Koop, Lisa Harper, Larry Williams, Lupita Montelongo, Madeline Rother, Vanessa Kunefke, Celeste Harrison, Kassie Billings, Melinda Denson, Joe Adams, Carolyn Kubecka, Vicki Adams, Rita Cepak, Sarentha Kessler, Bonnie Peterson, Cara Herlin, Gary Figirova, Carol Wishert, Jacqueline Taylor, Frances Hahn, Eddie Ellis, Delano Jennings, Amber Engel, Donna Quinn, Julia Gonzales, Peggy Scantlen, Herbert Ressler

Gary Figirova gave an update on East Side Intermediate's NFL Play 60. Students had to exercise 60 minutes a day outside of school time for 28 days and record it. The Houston Texans Training Camp came to East Side to reward the students for participating. Approximately 240 students participated in the training camp. The Houston Texans Public Relations will put East Side on a list to try and get tickets to the Texans/Cowboy preseason game. Coach Figirova stated that East Side will participate in the NFL Play 60 next year.

Lisa Harper, RN, gave an update on the 4th grade girls' maturation class. East Side will start maturation classes concerning puberty for 4th grade girls this year. Letters were mailed home to parents today. Next year information regarding maturation classes for East Side and human sexuality education classes for JHS and high school will be in the handbooks and letters will be resent to parents when the date of instruction is decided. Students will not be able to participate in the class without parental consent.

Gary Figirova gave an update on the Fitnessgram testing. Testing is currently being completed on each campus, and results will be submitted to the state. Letters regarding the results will be sent home with report cards. Coach Figirova discussed that the letters for the parents contain the results of their student's performance and information on how to improve or maintain the student's fitness level.

A request was made for parent volunteers to serve on the SHAC committee for next year and for one parent to be the chairperson. The schools will be sending information about the SHAC to parents. A request was made for current members to recruit parents for next year.

Upcoming events at the schools were discussed. Questions were asked regarding the Mobile Dentist. The Mobile Dentist program was discussed. Diane Koop, RN, School Nurse for Central Elementary explained that the Mobile Dentist comes to the schools and provides cleanings, X-rays, and sealants if needed by students. The team will refer the student to see a local dentist if necessary. No student is turned away. The Smile Program accepts Medicaid/CHIPS and most insurance and provides assistance to those who do not have insurance and need help. Parents are sent home permission letters. If the parent signs the form, the student will be seen by the Mobile Dentist team. The MEHOP representative mentioned their dental program, that their fees are based on income, and that they can perform cleanings, X-rays, sealants, education to parents and children on dental care, fillings, crowns, extractions, and root canals.