

THE TEXAS SCHOOL NUTRITION POLICY

Elementary Schools:

Campuses may not serve or provide access for students to Foods of Minimal Nutritional Value (sodas, candy, candy coated popcorn, and water ices such as popsicles) any time any where on the school premises until the last bell rings.

Schools may serve one snack to students per day. The snack must be provided under the teacher's supervision and may not be served during the time the class is regularly scheduled for lunch. The snack may be provided by parents, teachers or child nutrition services and should be at no cost to students.

All snacks must comply with the nutrition guidelines of the Texas Schools Nutrition Policy in regard to fat, sugar and portion size. Snacks may not consist of Foods of Minimal Nutritional Value or dessert type items such as cookies, cakes, pudding, ice cream or frozen dessert snacks.

Parents may send any food or beverage item for their own child's consumption but parents may not provide items for students to share with other children.

Teachers may use food, as long as it is not a Food of Minimal Nutritional Value or candy, as part of a lesson but the food must be tied to an instructional purpose.

Intermediate Schools:

Campuses may not serve or provide access for students to Foods of Minimal Nutritional Value (sodas, candy, candy coated popcorn, and water ices such as popsicles) any time any where on the school premises until after the last lunch period.

Campuses may not serve competitive foods (foods that come from a source outside of Child Nutrition Services) to students anywhere on school premises during meal periods. The competitive foods included in this policy do not include Foods of Minimal Nutritional Value, which are not allowed until the end of the last lunch period.

All food items made available to students must meet the Texas School Nutrition Policy nutrition standards for sugar, fat and portion size.

Secondary Schools:

Campuses may not serve competitive foods (foods that come from a source outside of Child Nutrition Services) during meal periods in the school cafeteria. No vending machines may be operable during meal service times in the school cafeteria.

All food items made available to students must meet the Texas School Nutrition Policy nutrition standards for sugar, fat and portion size.

Palacios ISD is required to follow all rules and regulations set forth in the Texas School Nutrition Policy. The entire Texas School Nutrition Policy is available here.